

EMPLOYEE ASSISTANCE PROGRAM

Contact us...anytime, anywhere
No-cost, confidential resources for life's challenges



Confidential Emotional Support

Our highly trained clinicians will listen to your concerns and help you or your family members with many issues, including:

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

Need to speak with someone?

Receive up to three face-to-face sessions per issue/year.



Work-Life Solutions

Our specialists provide qualified referrals and resources for just about anything on your to-do list, such as:

- Finding child and elder care
- Hiring movers or home repair contractors
- Planning events, locating pet care



Legal Guidance

Talk to our attorneys for practical assistance with your most pressing legal issues, including:

- Divorce, adoption, family law, wills, trusts and more

Need representation?

Get a free 30-minute consultation and a 25% reduction in fees.



Financial Resources

Our financial experts can assist with a wide range of issues.

Talk to us about strategies pertaining to:

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

**Contact your Employee Assistance Program for
 24/7 Support, Resources & Information**

Call: 833-256-5115

TTY: 800-697-0353

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: AXA3





Online Support

GuidanceResources® Online is your 24/7 link to vital information, tools and support. Log on for:

- Articles, podcasts, videos, slideshows
- On-demand training
- “Ask the Expert” personal responses to your questions

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: AXA3



Phone/Live Support

Your Employee Assistance Program offered through AXA provides someone to talk to and resources to consult whenever and wherever you need them.

Call: 833-256-5115 **TTY:** 800-697-0353

Direct, 24/7 access to a specialist who can refer you to resources in your community.



Identity Theft Services

We can help you repair your credit and your good name with tools, such as:

- Support from legal and financial professionals
- Counseling to address emotional issues
- Work-life assistance



Online Will Preparation

EstateGuidance® lets you quickly and easily create a will online at no cost. You can:

- Specify your wishes for your property
- Provide funeral and burial instructions
- Choose a guardian for your children

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