This year, Lent begins on February 14 — just two and half weeks from now! How will your family observe this time of prayer, fasting and almsgiving?

During Lent, the Diocese of Burlington will participate in CRS Rice Bowl, a faith-in-action program that invites us to encounter our neighbor, as companions on the journey, through prayer, fasting and almsgiving.

We will reflect on how an encounter with our neighbor can be transformative. We will see how our prayers, fasting and alms can support those worldwide who are forced to flee their homes to find safety or better opportunities.

As we prepare for this holy season, it is especially meaningful to come together in prayer as a family. Reflecting on the crosses of hunger, poverty and war carried by our brothers and sisters forced to flee their homes, we have an opportunity to also reflect on our roles in caring for them as members of our human family.

Please consider these suggestions in your family’s Lenten plan:

✦ Use your CRS Rice Bowl and Lenten Calendar daily to guide your prayer, fasting and almsgiving. (“Like” @DioBurlington on Facebook for daily reminders.)

✦ Read the Stories of Hope and daily reflections to inspire your Lenten journey — and guide your Lenten almsgiving.

✦ Prepare simple, meatless meals on the Fridays of Lent to eat in solidarity with our brothers and sisters around the world. (Check the @DioBurlington Instagram stories for recipe examples.)

Visit crsricebowl.org/stories to watch videos of the people and communities you support through your Lenten gifts to CRS Rice Bowl.

If you don’t have a CRS Rice Bowl, ask your pastor or contact outreach@vermontcatholic.org. You can also download the CRS Rice Bowl app from the App Store on your smartphone.

CRS Rice Bowl has a web page specifically for families! Visit crsricebowl.org/families for activities that will help your family grow in Catholic faith this Lenten season.

Thank you for participating in CRS Rice Bowl with your family!

Lent is the favorable season for renewing our encounter with Christ, living in his Word, in the sacraments and in our neighbor.

— Pope Francis

CRS Rice Bowl is sponsored by Catholic Relief Services, the official international humanitarian agency of the Catholic community in the United States. CRS is motivated by the example of Jesus Christ to assist poor and suffering people in more than 100 countries on the basis of need, without regard to race, religion or nationality.
FOR MORE INFO: judy.dufresne@gmail.com

what we can do about it. This study began on January 25.

A 4-week study from FORMED.org. An in-depth look at the activities and learning opportunities.

explore the school, ask questions and get a feel for some of student work displayed. Guests will have the opportunity to

Teachers will be present, and classrooms will be open with homemade meatballs, sausage & peppers and more, featuring Lucy and Gloria’s famous pasta sauce! Plus salad bar and dessert to top it all off. The dinner will benefit the St. Thomas Renovation Fund. All are welcome, and cost is by donation. Take-out is available. (Hall is not handicap accessible)

FOR MORE INFO: (802) 586-2899, cda1273@gmtmom.com.

The buffet will include cheese tortellini with pesto, penne with alfredo, spaghetti with garlic sauce, stuffed shells, World Marriage Day 2018

St. Joseph’s Co-Cathedral, Burlington

Bishop Coyne will celebrate Mass and give recognition to those couples celebrating their Milestone Anniversaries in the year 2018 (5, 10, 15, etc. . . . ). Couples can also choose to celebrate in their parish (and still receive a certificate from the Bishop) on the following Sunday, Feb. 11. Please register through the Office of Evangelization & Catechesis, Marriage and Family Life at ldau delin@vermontcatholic.org.

FOR MORE INFO: (802) 878-5331

On the second Saturday of each month the Padre Pio Prayer Group meets starting at 8 am with Reconciliation and the Rosary. Mass at 8:30 am followed by prayers of intercession. Presentation and refreshments in the Hoelh Classroom of the Holy Family Parish Hall.


The Conference will include lunch and Mass with Bishop Coyne. Keynote speaker will be Dr. Ray Guarrendi. Other speakers in-clude Fr. Tim Napoles and David Albree. Cost: $30.

FOR MORE INFO: vermontcatholic.org/men, (802) 658-6110.

The Conference will include lunch and Mass with Bishop Coyne. Keynote speaker will be Dr. Ray Guarrendi. Other speakers in-clude Fr. Tim Napoles and David Albree. Cost: $30.

FOR MORE INFO: vermontcatholic.org/men, (802) 658-6110.

This adult-only evening is a community event that raises money for Rutland County Catholic Schools. Tickets are $100 (admits two) and may be purchased from: a CKS or MSJ student, either school office, or at the door.

FOR MORE INFO: (802) 658-6110 x1130

The Conference will include lunch and Mass with Bishop Coyne. Keynote speaker will be Dr. Ray Guarrendi. Other speakers in-clude Fr. Tim Napoles and David Albree. Cost: $30.

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