



ROMAN CATHOLIC
DIOCESE OF BURLINGTON

CATHOLIC FAMILY SUMMER CHALLENGE

This summer, we challenge you and your family to team up and complete the fun activities below. Each family that sends in their completed "challenge card" will receive a small prize and be entered to win our grand prize — a super family fun basket!

All activities, as much as possible, should be done as a family. The deadline for all submissions is September 9, 2020. Good luck and have fun!

EXPLORE the Faith

Complete 2 of the 4 activities and include at least one photo:

1. Take a family photo with a saint statue and tell us where you found it!
2. Go on a pilgrimage! Visit one of Vermont's beautiful religious sites, such as:
 - Isle la Motte — St. Anne's Shrine
 - Jamaica — Our Lady of Ephesus House of Prayer
 - Weston — Weston Priory
3. Explore your church! Find something that you never noticed before.
4. Pick one of the following saints. Read about their lives and, on their feast day, celebrate them in a special way!

• St. John the Baptist, June 24	• St. John Vianney, Aug. 4
• St. Josemaria Escriva, June 26	• St. Maximilian Kolbe, Aug. 14
• Sts. Peter and Paul, June 29	• St. Monica, Aug. 27
• St. Thomas, July 3	• St. Augustine, Aug. 28
• St. Kateri Tekakwitha, July 14	

Have FUN

Complete 3 of the 5 activities and include at least one photo:

1. Build a fort. Get creative and spend some time reading stories, sharing snacks, or telling jokes together!
2. Family Game Night (3x)
 - Choose one night a week for 3+ weeks to play a game together. Suggestions: dominoes, monopoly, candy land, cards, jacks, charades, scrabble, etc.
3. Have a family BBQ - we recommend finishing with s'mores!
4. Camp out in your backyard and explore the stars
5. Plant a garden

PRAY Together

Complete 3 of the 6 activities and include at least one photo:

1. Create a sacred space, indoors or outdoors.
 - Does your family have a space at home dedicated to praying together? This can be a corner in the living room with your favorite icons, and maybe some candles. Why not dedicate a space outside while the weather is great? Find a nice place under a shady tree and plant some flowers. Place a nice statue of Christ and your favorite saint there and get the family together for a Rosary!
2. Attend daily Mass together
3. For a full week, pray together before a family meal, for example:
 - *Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ, Our Lord, Amen.*
4. Go to Confession together
5. Go on a hike or walk and pray a decade of the rosary together
6. Pray a daily rosary together for 2 weeks

Live the GOSPEL

Complete 2 of the 5 tasks and include at least one photo:

1. Make a card for someone who would love to hear from you, such as a grandparent, family friend, or maybe a parishioner
2. Donate clothes and toys (in good condition) that you no longer use
3. Volunteer at your parish
 - Talk with your priest or call the rectory to see how your family can get involved!
4. Invite your priest over for dinner or cook and bring him a meal
5. Plan and do your own family service project

Submit your CHALLENGE Results

For each category below, please let us know which family activities you completed.

Include at least one photo of your family for each category — we can't wait to see what you've done together!

Name:

Home Address:

Phone and/or email:

Parish:

Do we have your permission to share the photos you send on social media and diocesan materials?

Yes No

Explore the Faith *(complete at least 2 activities and include at least 1 photo)*

Have Fun! *(complete at least 3 activities and include at least 1 photo)*

Pray Together *(complete at least 3 activities and include at least 1 photo)*

Live the Gospel *(complete at least 2 activities and include at least 1 photo)*

Send your completed form and photos to: tmccormack@vermontcatholic.org
or by mail to Valerie Parzyck, Diocese of Burlington, 55 Joy Drive, South Burlington VT 05403.

The deadline for submissions is September 9, 2020.

Thank you and have fun!!

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