Year of St. Joseph

On Dec. 8 of last year, Pope Francis declared a “Year of St. Joseph” to commemorate the 150th anniversary of St. Joseph being named patron of the Universal Church. The year began that day and will end this year on Dec. 8.

In his Apostolic Letter entitled “Patris Corde” (“With a Father’s Heart”), Pope Francis describes St. Joseph “as a beloved father, a tender and loving father, an obedient father, an accepting father; a father who is creatively courageous, a working father, a father in the shadows.” Love and devotion to St. Joseph are particularly close to us here in the Diocese of Burlington as our cathedral is named for him and places us under his protection.

There is much to consider and ponder concerning St. Joseph and his importance to the Church. Much will be offered for our devotion to him during this patronal year. In this moment, I would offer some thoughts that draw upon a homily of St. Paul VI “On the Holy Family” that he preached on Jan. 5, 1964. In his homily St. Paul VI spoke of Nazareth as “a kind of school where we may begin to discover what Christ’s life was like even to understand His Gospel.” In describing what we can learn from the hidden years of Jesus, Mary and Joseph in Nazareth he raises up three simple aspects of the Holy Family which can also be applied to St. Joseph himself.

First, we can learn from St. Joseph’s silence. “Beset as we are by the cacophony of strident protests and conflicting claims so characteristic of these turbulent times, the silence of St. Joseph should teach us how to meditate in peace and quiet, to reflect on the deeply spiritual, and to be open to the voice of God’s inner wisdom.” St. Joseph can teach us the value “of meditation, of a well-ordered personal spiritual life and of silent prayer that is known only to God.”

Second, from St. Joseph we can learn about family life. He can serve “as a model of what the family should be” — a community of love and sharing, beautiful for the problems it poses and the rewards it brings, in sum, the perfect setting for rearing children — and for this there is no substitute.

Finally, in St. Joseph we have a craftsman who teaches us about “work and the discipline it entails.” He reminds us that while “work has its own dignity … it is not an end in itself. Its value and free character derive not only from its place in the economic system, as they say, but rather from the purpose it serves.”

In closing, this initial reflection on St. Joseph is, I hope, the first of many that I will share with you.

St. Joseph, patron of the Church, pray for us.

Sincerely Yours in Christ,

The Most Reverend Christopher J. Coyne
Bishop of Burlington
Upcoming Events

02|09 TUESDAY
Praise and Worship
St John Enosburg
St. John, Enosburg • 7 - 8 pm
Come experience the light of Christ! Open to all!

02|09 – 04|20 TUESDAYS
The Sacraments
via Zoom • 7:45 - 8:45 pm
Join Seminarian Greg Caldwell to think about and reflect upon the Seven Sacraments. For Zoom information email Greg Caldwell at gcaldwell@saintmeinrad.edu.

02|10 & 16 WEDNESDAY & TUESDAY
Diocesan Formation Opportunities Info Sessions
via Zoom • 7 - 8 pm
As the Diocesan Synod called for, the Diocese of Burlington is seeking to continue inspiring and equipping lay men and women for leadership positions in their parishes. Under the umbrella of the Diocesan Institute for Missionary Discipleship, four formation programs are being offered this year. Learn more and register at: vermontcatholic.org/event/diocesan-formation-opportunities-info-sessions/

02|15 MONDAY
Lent: The Work of Renewing Our Baptism
via Zoom • 7 - 8 pm
Join Josh Perry, Director of the Office of Worship, as he unpacks the season of Lent with his virtual presentation Lent: The Work of Renewing Our Baptism. Learn how Lent came to be a time of intense preparation for those being initiated into the church as well as a time of spiritual renewal for the faithful. We'll look at Lent as a way of reconnecting to our baptism and consider the relationship between Lent and Easter. We'll conclude by exploring how some of the familiar sights, smells, and sounds of Lent help us do the hard work of baptismal renewal. Register at: www.vermontcatholic.org/event/lent-the-work-of-renewing-our-baptism/

02|17, 18, 19 WED, THURS, FRI
Embracing Lent during a Pandemic
Essex Catholic Community
Beginning on Ash Wednesday, offered at St. Lawrence Church, Essex Jct. at 8:30 am Mass and at St. Pius X Church, Essex Center at 7 pm Mass. Hosted by Fr. Michael Carter, S.S.E.

02|23, 03|02, 9, 16, 23 TUESDAYS
Encounter Jesus Bible Study
via Zoom • 7 - 8 pm
Each week will focus on a different encounter with Jesus as described in the Gospels which in the words of Pope Francis, “changes our lives… and fills us with joy.” Hosted by Deacon Phil Lawson

02|24 – 05|12 WEDNESDAYS
Awaken / Light of the World
via Zoom • 7 - 8:30 pm
It’s Time to AWAKEN! Awaken is an innovative new program developed by Light of the World

Evangelization Ministries (the same people that sponsor the Light of the World retreats) designed to help people grow in their relationship with Jesus and His Church. The program is a completely on-line series of 12 sessions using Zoom and prepared videos followed by small group discussions building on the video themes. Essex Catholic Community is planning to begin Awaken during Lent on Wednesday nights at 7 pm starting on Feb 24th. There is no cost to participate. If you think you might be interested in participating or have questions, e-mail or phone Deacon Gerry Scilla at vscllara@comcast.net, 878-0639. Please include name(s), emails, and phone numbers in your email. This is a great opportunity to grow in our faith and relationship with God during these challenging times. All are welcome!

02|24 WEDNESDAY
Emotional Virtue for a Drama Free Life with Sarah Swafford
Zoom • 7:30 pm
The Catholic Center at UVM is hosting well-known speaker and author, Sarah Swafford. To register for this online event visit: www.signupgenius.com/go/4090b-4daba2aa649-eveining

02|25 THURSDAY
Dispel the Darkness — An Evening of Light and Hope
St. Monica, Barre • 6:30 – 8 pm
Come rest in the light and the hope of Christ. Whatever the darkness you may find yourself in, come discover the hope of God. Evening will include reflections and prayers led by Deacon Phil Lawson, with music by Bill Gavin. There will be adoration, the Luminous Mysteries of the rosary and an opportunity for confession. This event will be live streamed for those who are unable to attend in person.

03|03 WEDNESDAY
Building a Culture of Encounter Through Fasting, Prayer, Almsgiving
via Zoom • 6:30 – 8 pm
All are welcome to attend this virtual evening of reflection and conversation, offered by Josh Perry, Director of the Office of Worship, that will help us consider anew the traditional Lenten disciplines: fasting, prayer, and almsgiving. Between each reflection, there will be time for conversation and questions, silent prayer and guided meditation, and music. Register at: www.vermontcatholic.org/event/an-evening-of-reflection-building-a-culture-of-encounter-through-fasting-prayer-almsgiving/

03|04 THURSDAY
Dispel the Darkness — An Evening of Light and Hope
Cathedral of St. Joseph, Burlington • 6:30 – 8 pm
Come rest in the light and the hope of Christ. Whatever the darkness you may find yourself in, come discover the hope of God. Evening will include reflections and prayers led by Deacon Phil Lawson, with music by Bill Gavin. There will be adoration, the Luminous Mysteries of the rosary and an opportunity for confession. This event will be live streamed for those who are unable to attend in person.

CHRIST OUR Hope 2020 BISHOP’S ANNUAL APPEAL
Goal: $2,651,157
81%
As of Jan. 28, 2021: $2,144,515

CHRIST OUR Hope BUILDING A VIBRANT CHURCH
Goal: $9,582,456
45%
As of Jan. 28, 2021: $4,271,821