Vermont Catholic Charities
Ash Wednesday Appeal

“Lent is a favourable season for opening the doors to all those in need and recognizing in them the face of Christ.”
— Pope Francis

On Feb. 17, our Lenten journey begins with Ash Wednesday. Ash Wednesday marks the first day of the 40 days of Lent dedicated to reflection, fasting, alms giving and good works in preparation for Easter. One concrete way we can sacrifice and share our gifts with others is to participate in the collection on Ash Wednesday, which supports the outreach work of Vermont Catholic Charities. Due to the Covid-19 pandemic, the programs which Vermont Catholic Charities operates are more critical than ever.

Since 1929, Vermont Catholic Charities has helped neighbors in need. We have no geographical limitations — we help individuals from all 14 counties. Guided by our faith, we do what we do because we are Catholic, not because those we serve are Catholic.

Emergency Aid
Katie has two daughters and recently had a baby boy who had some health issues at birth. Due to unanticipated medical expenses, Katie found herself with an electric disconnect notice. VCC assisted with the utility bill to ensure the family avoided a disconnect. We also advised Katie of other available resources. Katie said, “Thank you for your help. Your kindness has renewed my faith in the goodness of people.”

Prison Ministry Transition Assistance:
“Thank you for your support. I have now found a full-time job and have enrolled in Community College of Vermont. My recovery is going on seven months of complete absence from drugs and alcohol. Without your support these dreams may not be coming true. Thank you for believing in a complete stranger.”

Counseling Services:
“Counseling has been life-changing for me. I regret that it took me so long to seek help. I believe God brought me here to Vermont, to this Diocese, to Catholic Charities, and to [my counselor]. I do not feel like I am alone anymore. It is okay to get help and ask for help. It has made my life better. It saved my marriage. It saved my family.”

Denture Program:
Sandy is a mother of three school-age children and works at a gas station at night. She came to Vermont Catholic Charities after hearing from a friend about our Denture Program. Sandy had her teeth extracted years ago but has been unable to afford dentures. Sandy was overwhelmed when we helped her get dentures. She said, “Dentures have changed my life. I am now comfortable attending my kids’ events. I am confident at my job. My health is better as I can eat a broader range of nutritional foods. I am smiling at everyone all the time! I have never been happier.”

As we begin this Lenten journey together, we ask you to prayerfully consider participating in the Ash Wednesday collection; any gift, no matter the size, makes a difference. As a Catholic community, let us continue to do Christ’s work here in Vermont and show Christ’s love to our neighbors in their times of need. By sharing our gifts with others, we are sharing the Good News that Jesus Christ has risen.

— Mary Beth Pinard, Executive Director, Vermont Catholic Charities Inc.
**Upcoming Events**

**02|15 MONDAY**

Lent: The Work of Renewing Our Baptism
via Zoom • 7 - 8 pm
Join Josh Perry, Director of the Office of Worship, as he unpacks the season of Lent with his virtual presentation Lent: The Work of Renewing Our Baptism. Learn how Lent came to be a time of intense preparation for those being initiated into the church as well as a time of spiritual renewal for the faithful. We'll look at Lent as a way of reconnecting to our baptism and consider the relationship between Lent and Easter. We'll conclude by exploring how some of the familiar sights, smells, and sounds of Lent help us do the hard work of baptismal renewal. Register at: www.vermontcatholic.org/event/lent-the-work-of-renewing-our-baptism/

**02|16 WEDNESDAY & TUESDAY**

Diocesan Formation Opportunities Info Sessions
via Zoom • 7 - 8 pm
As the Diocesan Synod called for, the Diocese of Burlington is seeking to continue inspiring and equipping lay men and women for leadership positions in their parishes. Under the umbrella of the Diocesan Institute for Missionary Discipleship, four formation programs are being offered this year. Learn more and register at: vermontcatholic.org/event/diocesan-formation-opportunities-information-sessions/

**02|16 – 04|20 TUESDAYS**

The Sacraments
via Zoom • 7:45 - 8:45 pm
Join Seminarian Greg Caldwell to think about and reflect upon the Seven Sacraments. For Zoom information email Greg Caldwell at g.caldwell@saintmeinrad.edu.

**02|17, 18, 19 WED, THURS, FRI**

Embracing Lent during a Pandemic
Essex Catholic Community
Beginning on Ash Wednesday, offered at St. Lawrence Church, Essex Jct. at 8:30 am Mass and at St. Pius X Church, Essex Center at 7 pm Mass. Hosted by Fr. Michael Carter, S.S.E.

**02|22, 03|01, 08, 15, 22, 29 MONDAYS**

Living in the Father’s Love Women’s Bible Study
via Zoom • 7 - 8:30 pm
Each session will focus on how to improve our relationship with God and those He places on our journey. Discover how God really loves you. Hosted by Terri McCormack and Mary Alice Walker. Register here: www.vermontcatholic.org/event/living-in-the-fathers-love-womens-bible-study/2021-02-22/

**02|22 MONDAY**

Lent with St. Joseph
Cathedral of St. Joseph, Burlington
7 - 8 pm
Holy Hour with the Litany of St. Joseph and spiritual reflections on St. Joseph by Brandon Schneider, seminarian. Confessions will be available during Adoration.

**02|23, 03|02, 09, 16, 23 TUESDAYS**

Encounter Jesus Bible Study
via Zoom • 7 - 8 pm
Each week will focus on a different encounter with Jesus as described in the Gospels which in the words of Pope Francis, “changes our lives… and fills us with joy.” Hosted by Deacon Phil Lawson. Learn more and register at: www.vermontcatholic.org/event/encounter-jesus-bible-study/all/

**02|24 – 05|12 WEDNESDAYS**

Awaken / Light of the World
via Zoom • 7 - 8:30 pm
It’s Time to AWAKEN! Awaken is an innovative new program developed by Light of the World Evangelization Ministries (the same people that sponsor the Light of the World retreats) designed to help people grow in their relationship with Jesus and His Church. The program is a completely on-line series of 12 sessions using Zoom and prepared videos followed by small group discussions building on the video themes. Essex Catholic Community is planning to begin Awaken during Lent on Wednesday nights. There is no cost to participate. If you think you might be interested in participating or have questions, e-mail or phone Deacon Gerry Scilla at vtscilla@comcast.net, 878-0639.

**02|24 WEDNESDAY**

Emotional Virtue for a Drama Free Life with Sarah Swafford
via Zoom • 7:30 pm
The Catholic Center at UVM is hosting well-known speaker and author, Sarah Swafford. To register for this online event visit: www.signupgenius.com/go/4090b4dabab2aae649 - evening

**02|25 THURSDAY**

Dispel the Darkness — An Evening of Light and Hope
St. Monica, Barre • 6:30 – 8 pm
Come rest in the light and the hope of Christ. Whatever the darkness you may find yourself in, come discover the hope of God. Evening will include reflections and prayers led by Deacon Phil Lawson, with music by Bill Gavin. There will be adoration, the Luminous Mysteries of the rosary and an opportunity for confession. This event will be live streamed for those who are unable to attend in person.

To learn more or make a gift visit: christourhopevt.org.

**CHRIST OUR Hope**

**2020 BISHOP’S ANNUAL APPEAL**

**Goal:** $2,651,157

**85%**

As of Feb. 2, 2021:

**$2,651,157**

**CHRIST OUR Hope**

BUILDING A VIBRANT CHURCH

**Goal:** $9,582,456

**45%**

As of Feb. 2, 2021:

**$4,289,269**