This Synod is unique because the Holy Father is asking that the entire Church participate in this Synod. The faithful, clergy and religious are invited to pray, listen, and talk together with the bishops before the 2023 gathering of Bishops in Rome. In our Diocese, we will pray, listen, and talk with one another through parish listening sessions, diocesan listening sessions and digital surveys. While our diocesan results will be submitted along with results from around the world, we will also use what we learn to continue to improve the way in which we communicate within our own diocese.

Due to the new covid variant, please note some changes to the Universal Synod schedule below. We are asking every parishioner to participate by completing the online survey: vermontcatholic.org/universalsynod

"Pope Francis has announced a universal Synod inviting all Catholics across the globe to discern together how to better listen and communicate with each other to bolster our communion in Christ Jesus. Similar to our recent diocesan synod, all Catholics in Vermont will be invited to participate in parish listening sessions, diocesan listening sessions and digital surveys."

— Bishop Christopher Coyne
Upcoming Events

02/18 FRIDAY
The Challenge Club for Catholic Girls
Immaculate Heart of Mary, Williston • 6 - 8 pm
Challenge is a club for girls to grow in virtue, friendship and their Catholic faith. FOR MORE INFO: Mary Niekrewicz, mary.of.vt@gmail.com, (802) 878-5538 or Audrey Walko, audreycgsvt@gmail.com, (802) 373-9564.

02/19, 26, 03/05, 12, 19, 26 SATURDAYS
SoulCore
Blessed Sacrament, Stowe • 3 - 4 pm
SoulCore is an invitation to nourish body, mind and soul through prayer and functional movement. Workout can be modified to suit ability and comfort level; the prayers are the main focus. Freewill donation. Suggested items: mat, water, weights (optional, 1-3 lbs popular).

02/20 SUNDAY
Pancake Breakfast
Cathedral of St. Joseph, Burlington • 9:30 - 11:30 am
Join us for an old fashioned all you care to eat pancake breakfast: bacon, sausage, scrambled eggs, blue berry pancakes, breakfast potatoes, French toast and more. Admission is by donation with a suggested gift of $8 for adults and $6 for seniors and children.

02/20 SUNDAY
Movie Viewing: “Unplanned”
St. Catherine of Siena, Shelburne • 2 - 4 pm
Watch the movie, “Unplanned” based on the memoir by Abby Johnson, a former Planned Parenthood Clinic Director who now is an outspoken advocate for the pro-life movement.

02/22 TUESDAY
Saints and Sinners
Online • 7 pm
Join us in February when Fr. Robery Murphy presents on Saints Therese of Lisieux. There will be time for prayer, small group and large group discussion. For more info: vermontcatholic.org/saints-and-sinners.

02/24 THURSDAY
Lenten Presentation “Quarantine”
Holy Family, Essex Junction • 7 - 8:30 pm
Fr. Richard Berube, SSE presents on The Forty Days of Lent, of Jesus, of Elijah, and the desert experience of God's People. Israel.

03/03, 10, 17, 24, 31, 04/07 THURS
Vermont Catholic Women’s Group Lent 2022
via Zoom • 7:30 - 9 pm
Join the Vermont Catholic Women’s Group on Zoom as we go through Restore: A Guided Lent Journal for Prayer and Meditation by Sr. Miriam James Heidland. YWe will have weekly edifying discussions. Join us for one or all meetings. Women of all ages are welcomed. Sign up for our mailing list at www.stloukevt.org and contact Carolina for more details.

03/05 SATURDAY
First Saturday Devotion to the Immaculate Heart of Mary
In these times, let us seriously consider one of the important messages from our Lady of Fatima — the First Saturday devotion for Reparation to the Immaculate Heart of Mary. This would include attending five consecutive first Saturday masses, going to confession within eight days, receiving Holy Communion, and meditating on the mysteries of the Rosary for fifteen minutes. Please prayerfully consider this for 2022! The Saturday Vigil Mass (for Sunday) may be used for the First Saturday Devotion offered in reparation for offenses against the Immaculate Heart of Mary.

03/05 SATURDAY
Grief Support Group
Holy Family Parish Hall, Essex Jct. • 8-10 am
Calling all Widows and Widowers… You are invited to join us for a support group, run by Catherine "Kate" King, UVM Mental Health Clinician (LCMHO) on the first Saturday of the month. Kate has been a group therapist in the community for over 20 years and is a widow herself. Join us for prayer, discussion and peer support for working through grief, at 8 am at Holy Family Parish Hall (upstairs’ library). FOR MORE INFO: call Kate (802) 881-5973.

03/06 SUNDAY
Rite of Election and Call to Continuing Conversion
Cathedral of St. Joseph, Burlington • 3 - 4 pm
The Rite of Election and Call to Continuing Conversion will be celebrated by Bishop Coyne on the First Sunday at Lent. During the Rite of Election, the Church “elects” those seeking full initiation into the Church through Baptism, Confirmation, and Eucharist at Easter. The Church also recognizes those already-baptized Christians seeking full initiation into the Catholic Church and pledges the support of prayer as they journey toward Full Communion in the Catholic Church. Friends and family of those being participating in the Rite of Election and Call to Continuing Conversion and all the faithful from around the diocese are invited to celebrate with us. A small reception follows the liturgy.

DIOCESE OF BURLINGTON CAREERS

Diocesan Central Offices, South Burlington:
• Diocesan Catechetical Leader
• Diocesan Youth & Young Adult Minister

Rice Memorial High School, South Burlington:
Principal
Rice Memorial High School, South Burlington: Director of Donor Engagement and Major Gifts
St. Monica-St. Michael School, Barre: Principal

vermontcatholic.org/careers

CHALLENGES TO GROW YOUR MARRIAGE

FEBRUARY 13–19, 2022

DEVOTION TO GOD POLICY
During the Liturgy of the Word, listen to how God speaks to our hearts through His wisdom. At the consecration we can fully offer ourselves in union with Christ’s self-offering. Go to Mass together regularly.

vermontcatholic.org/marriagechallenge

FEBRUARY 13–19, 2022

Read Luke 5:1-11, where Simon Peter has been fishing all night, exhausted and unsuccessful in catching anything. Then Jesus asks him and his fellow fishermen to give it another try. Begrudgingly, they go back out and are amazed when the nets are overfilling with fish. Think about this scripture the next time you are exhausted and your son or daughter wants your attention; it really does matter! Pray together every night this week reciting the Our Father.

vermontcatholic.org/familychampions