

The Inland See

NEWS FROM

February 26 – March 4, 2022

FOR THE DIOCESE OF BURLINGTON

Vermont Catholic Charities Ash Wednesday Appeal

“Lent is a favourable season for opening the doors to all those in need and recognizing in them the face of Christ.” — Pope Francis



On March 2, our Lenten journey begins with Ash Wednesday. Ash Wednesday marks the first day of the 40 days of Lent dedicated to reflection, fasting, alms giving and good works in preparation for Easter. One concrete way we can sacrifice and share our gifts with others is to participate in the Ash Wednesday collection which supports the outreach work of Vermont Catholic Charities Inc.

Since 1929, Vermont Catholic Charities has responded to the call to help our neighbors in need. Guided by our faith, we do what we do because we are Catholic, not because those we serve are Catholic. We help transform lives through the services we offer: residential care homes for seniors, counseling for individuals and families, a denture program, prison ministry and emergency aid. The clients that come to our “doors” are some of the most vulnerable in our communities. The continuing Covid-19 pandemic along with rising costs, isolation and other factors have heightened the needs for the population we serve and have brought new families to us for help. Due to budgetary constraints and increased needs, we are calling on you to help us continue to be able to serve fellow Vermonters.

Here are some of the “faces” you can help through a donation to the Ash Wednesday collection:

Residential Care Homes:

“My brother and I want to thank you for taking care of our dear sister. She moved successfully into your residential care home in December and loves it! The entire staff has been stellar. All of this is so much harder in a pandemic and we are grateful that she has found a new home in such a fine place. Thank you!”

Emergency Aid:

Sue called Vermont Catholic Charities with an emergency. She was running out of propane and was afraid that she and her two daughters could not stay in their apartment without heat due to the severity of the weather. We contacted the propane company and paid for a delivery of propane. Sue said, “Thank you for helping me in my time of need.”

George is a single father of two teenage children. He had fallen behind on rent. One of his children uses support services in the community. Therefore, George was committed to remaining in

their home and community. We assisted with some back rent and helped him apply for additional assistance to ensure all his back rent was covered. George stated, “I am grateful for your support and relieved that my family can remain in our home.”

Ron and Deborah have three school-aged children. Due to Covid-19, Deborah had to take time off from work to care for her children at home. The loss in wages and the increase in food costs put the family in a temporary financial crisis. We assisted with a food card. Ron and Deborah commented, “This support was a godsend at a stressful time for our family. God bless you and thank you for all you do to help others.”

Counseling Services:

“Rachel” was referred to Vermont Catholic Charities because of some medical issues she was facing. All her life she has taken on responsibility for others including feeling responsible when things didn’t go well in their personal or work lives. By recognizing her limitations as a human being and learning to create boundaries with others as to not take on what others are capable of doing for themselves (sometimes called “enabling helplessness”), her health issues cleared up. She stated, “Through counseling I learned to not take on the burdens of others. I am grateful for this and a clean bill of health!”

As we begin this Lenten journey together, we ask you to prayerfully consider participating in the Ash Wednesday collection; any gift, no matter the size, makes a difference. Your gift will make a direct impact in helping Catholic Charities sustain and operate the essential and valuable programs that service individuals and families throughout the 14 counties of Vermont.

As a Catholic community, let us see the face of Christ in our neighbors in need and show Christ’s love through our actions. By sharing our gifts with others, we are preparing to celebrate the good news that Jesus Christ is risen.

Donations can be mailed to Vermont Catholic Charities, 55 Joy Drive, South Burlington, VT 05403 or made online at www.vermontcatholic.org/ministries-programs/catholic-charities/ash-wednesday-appeal/

— *Mary Beth Pinard, Executive Director,*
Vermont Catholic Charities Inc.

Upcoming Events



03|03, 04, 05 THURS – SAT

40 Hours Devotion

St John Vianney, S. Burlington • 40 hours

Help us start Lent off with 40 continuous

hours of Eucharistic Adoration and prayer. There will be Masses, a penance service, and other special devotions; please see schedule on our webpage: www.stjohnvianney.vermontcatholic.org/40hours. Adoration will begin after the 5:30 Mass on Thursday and continue until Benediction at 10 AM on Saturday. We are in need of two people for each shift, especially during the overnight hours which are traditionally difficult to cover. Sign up for a shift on our website. **MORE INFO: Connie McDonald, SJVGoodNews@gmail.com**



03|03, 10, 17, 24, 31, 04|07 THURS

Deep Dive Into The Holy Sacrifice of the Mass

Our Lady of the Angels, Randolph

5:30 - 7:30 pm

Join us for this 5-part series led by Fr. Scott Gratton. Each evening will begin with Stations of the Cross, followed by dinner and a one hour talk on the Mass. This event is free.



03|05, 12, 19, 26 SATURDAYS

SoulCore

Blessed Sacrament, Stowe • 3 - 4 pm

SoulCore is an invitation to nourish body,

mind and soul through prayer and functional movement. Workout can be modified to suit ability and comfort level; the prayers are the main focus. Freewill donation. Suggested items: mat, water, weights (optional, 1-3 lbs popular).



03|05 SATURDAY

Grief Support Group

Holy Family Parish Hall, Essex Junction

8-10 am

Calling all Widows and Widowers... You are invited to join us for a support group, run by Catherine "Kate" King, UVM Mental Health Clinician (LCMHC) on the first Saturday of the month. Kate has been a group therapist in the community for over 20 years and is a widow herself. Join us for prayer, discussion and peer support for working through grief, at 8 am at Holy Family Parish Hall (upstairs' library). **FOR MORE INFO: call Kate (802) 881-5973.**



03|06 SUNDAY

Rite of Election and Call to Continuing Conversion

Cathedral of St. Joseph, Burlington • 3 - 4 pm

The Rite of Election and Call to Continuing Conversion will be celebrated by Bishop Coyne on the First Sunday of Lent. During the Rite of Election, the Church "elects" those seeking full initiation into the Church through Baptism, Confirmation, and Eucharist at Easter. The Church also recognizes those already-baptized Christians seeking full initiation into the Catholic Church and pledges the support of prayer as they journey toward Full Communion in the Catholic Church. Friends and family of those being participating in the Rite of Election and Call to Continuing Conversion and all the faithful from around the diocese are invited to celebrate with us. A small reception follows the liturgy.



03|09 WEDNESDAY

Dealing with Doubt — How will you Respond?

Holy Family, Essex Jct. • 7 - 8:15 pm

Speaker Joe Blanchette's lively presentation provides Catholic parents with well-researched, effectively presented talking points for defending the faith to counter the arguments presented by the secular world that young people are exposed to, especially when they first leave home for college. All are welcome. Sponsored by Catholic Daughters of the Americas, Court Fanny Allen #1060.



03|10, 17, 24, 31, 04|07 THURS

Vermont Catholic Women's Group Lent 2022

via Zoom • 7:30 - 9 pm

Join the Vermont Catholic Women's Group on Zoom as we go through *Restore: A Guided Lent Journal for Prayer and Meditation* by Sr. Miriam James Heidland. We will have weekly edifying discussions. Join us for one or all meetings. Women of all ages are welcomed. Sign up for our mailing list at www.stlukev.org and contact Carolina for more details.



03|19 SATURDAY

Annual Men's Conference

Our Lady of Angels, Randolph

8:30 am - 2 pm

Join with other Catholic Men for a day of time of fellowship. This year's theme is 'Band of Brothers' and the keynote speaker will be Fr. Scott Gratton, serving as chaplain for the VT Air National Guard, recently deployed to Saudi Arabia and Jordan. Bishop Christopher Coyne will celebrate Mass. Please contact Nicole Hamilton at nhamilton@vermontcatholic.org or call (802) 658-6110, ext. 1131 for the link to register. Registration deadline is March 4, 2022. Lunch is included in the \$30 fee.



03|25 FRIDAY

The Challenge Club for Catholic Girls

Immaculate Heart of Mary, Williston • 6 - 8 pm

Challenge is a club for girls to grow in virtue, friendship and their Catholic faith. **FOR MORE INFO: Mary Niekrewicz, mary.of.vt@gmail.com, (802) 878-5538 or Audrey Walko, audreycgsvt@gmail.com, (802) 373-9564.**



03|29 TUESDAY

Saints and Sinners

Online • 7 pm

Join us in February when Fr. Tim Naples presents on Saint Anthony of Padua. There will be time for prayer, small group and large group discussion. **For more info: vermontcatholic.org/saints-and-sinners.**



03|31 THURSDAY

Lenten Presentation

Holy Family Parish Hall, Essex Jct.

7 - 8:30 pm

Join us for a presentation by Rev. Richard Berube, SSE entitled, "The Passion of our Lord Jesus Christ according to Luke" — Preparing for Palm Sunday and Holy Week.



CHALLENGES TO GROW YOUR MARRIAGE

FEB 27 – MARCH 5, 2022

PRAYING TOGETHER

Praying together brings greater communion and invitation for the Holy Spirit's guidance. The fruits of the Holy Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, generosity, and self-control) are nurtured.

vermontcatholic.org/marriagechallenge



FEB 27 – MARCH 5, 2022

LISTENING TO GOD

We measure time on Earth by seconds, minutes, hours (*you get the idea*), but God's time is not our time. Continue to work on your private prayer time with God daily and make time to find the goodness of God in your family. Play a game, read together, go on a walk, enjoy life through their eyes.

vermontcatholic.org/familychampions