Dr. James Ulager, a Catholic doctor who specializes in family medicine, will be the speaker at the next meeting of Vermont Catholic Professionals.

A husband, father of four and parishioner of St. Jude Church in Hinesburg, he hopes Vermont Catholic professionals will find a sense of connection through the meeting, scheduled for Oct. 19 at 8:30 a.m. at the Bishop Brady Center, 55 Joy Drive, South Burlington. “We are each only individual members of the one Body of Christ,” he said.

His practice of medicine is informed by his faith in many ways. “You have to be compassionate and have a desire to serve, but even more often, you need to be patient and merciful with yourself, remembering that Christ is the true healer,” he said.

The increased division in the United States is a concern for him. “As professionals, we often have the opportunity to interact with people that may feel differently than we do. There’s a temptation to hunker down in our own values. While I don’t for a minute suggest we compromise our values, I do think the relationships we have as professionals give us the opportunity to put love for the other person above our own specific points of view. There’s a lot of opportunity for riches when we can do that,” said the University of Pennsylvania medical school graduate. “I think what really gets to us when we encounter people who are suffering is we are facing our own mortality, our own brokenness. That’s why the word of God is rightfully called the Good News. Yes, we are broken. But it is love that heals us, the deep love of our creator that heals us all.”

Professionals in any career have the opportunity to embody that love for other human beings. “And sometimes we fall short of that embodiment. But we are forgiven too. That’s the beauty,” Ulager said.

The mission of Vermont Catholic Professionals is to join Catholic men and women and those with shared values from the business and professional communities to encourage intellectual discussions, to foster professional and faith-based relationships and to inspire service and charity to the community in Vermont.

For more information on Vermont Catholic Professionals, go to vermontcatholic.org/about/vermont-catholic-professionals.

VTC • Cori Fugere Urban

This networking breakfast event will be held at the Roman Catholic Diocese of Burlington Brady Center, 55 Joy Drive, S. Burlington.

Attend either in-person or via Zoom.

Register at: vermontcatholic.org/about/vermont-catholic-professionals/
peace. What to bring: Mat, water, weights optional (1-3lbs.)  
Who should come? Everyone! SoulCore is self-paced and can be modified for any ability.

**10/21, 22, 23, 24 FRIDAY - MONDAY**  
**Light of the World Retreat**  
Holy Family Parish Hall, Essex Jct.  
Light of the World is a weekend retreat experience where participants personally encounter Christ through the presentation of the basic Gospel message. It is for all who want to build their relationship with the Lord, who want to understand how important Jesus is in their lives, and how much He loves us and wants to walk with us. There will be time for prayer, renewing of sacraments, Mass and small group discussions. Snacks and meals provided.  
FOR MORE INFO: essexcatholic.vermontcatholic.org/light-of-the-world-retreat or email ecc_engage@gmail.com.

**10/25 & 11/08 TUESDAYS**  
**The Creed Professed: a seminar on Part I of the U.S. Catholic Catechism for Adults**  
via Zoom • 7 – 8 pm  
This bi-weekly Zoom seminar is being offered as part of the Diocesan “Year of Communion: Unity in Creed, Worship and Life.” The first session was held on May 10. For information and to register: studythereed@gmail.com  
Oct 11, Session 11: The Four Marks of the Church  
Oct 25, Session 12: Mary: Church’s First and Most Perfect Member  
Nov 8, Session 13: Our Eternal Destiny

**10/29 SATURDAY**  
**Knight’s of Columbus Chicken Pot Pie Supper**  
St. Pius X, Essex • 5:30 pm  
This take-out chicken pie dinner is $15 per person. Pick-up is at St. Pius X between 5:30 and 6:30 pm in the Father Murray Room downstairs. Sign-up here: www.signupgenius.com/ 
go/10c0a44a4a823a4f58-knights or call Ron Rice at (802) 879-6989. Please pay via cash or check at pickup.

**10/29 SATURDAY**  
**Back from the Dead Cemetery Walk**  
Resurrection Park, S. Burlington • 6:45  
Join us for a candlelit guided evangelization drama through Resurrection Park. A guide will lead groups through a portion of Resurrection Park cemetery while encountering actors playing the roles of various saints and martyrs who come alive to tell their stories. This is a very peaceful walk with reflective stops along the way. Meet us in the St. John Vianney Parish Hall in South Burlington. Recommended for ages 12+.

**11/17 MONDAY**  
**Mass in Spanish**  
Saint Michael’s College Chapel, Colchester • 7:30 pm  
Contact Fr. Marcel Rainville, S.S.E. at (802) 654-2848 to be placed on our email list.