Vermont Catholic Charities Ash Wednesday Appeal

"Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could."— St. Gregory Nazianzen



- Rick Musacchio, Tennessee Register / CNS photo

n Feb. 22 we begin our Lenten journey with Ash Wednesday. These 40 days are a time when we can give things up, prioritize prayer, grow closer to God, and find ways to care more for the good of others than for self. We do this to prepare ourselves for the joy of Easter morning when Christ has risen!

Pope Francis stated, "During Lent, let us find concrete ways to overcome our indifference." One way we can sacrifice and share our gifts with others is to participate in the collection on Ash Wednesday, which supports the outreach work of Vermont Catholic Charities. Since 1929, Vermont Catholic Charities has helped neighbors in need. With no geographical limitations, we help individuals from all 14 counties. Guided by our faith, we do what we do because we are Catholic, not because those we serve are Catholic.

The clients that come to our "doors" are some of the most vulnerable in our communities. Due to budgetary constraints and increased needs because of rising costs, we are calling on you to help us continue to serve fellow Vermonters. The work that you will support will help transform people's lives.

Emergency Aid

Assisting more than 2,100 children and adults

Sue called Vermont Catholic Charities with an emergency. She was running out of propane and was afraid that she and her

two daughters could not stay in their apartment without heat due to the severity of the weather. We contacted the propane company and paid for a delivery of propane. Sue said, "I am grateful for your support and relieved that my family can remain in our home."

Prison Ministry Transition Assistance

Helping more than 26 clients

Shelia had been incarcerated for several years and had recently been released. She was residing in a private apartment with her children and faced a utility disconnect order which would have caused her to lose her residence and have to return to prison. We paid the utility bill thereby avoiding the disconnect until after she began a new job two weeks later. "Thank you for helping me in my time of need," she said.

Counseling Services

Supporting more than 160 clients/year

"Thank you for everything you have done for me. I can honestly say this is the most consistently happy that I have been. Every day I find wonder in the little things that have changed in me. I am beginning to recognize myself again. It feels natural and easy to smile," one client said.

Residential Care Homes

Caring for more than 150 residents/year with more than 80 percent on Medicaid

"As everyone knows, it is not an easy decision to give over the care of a loved one to others. For us, it has been the best decision we have made. The care, compassion, respect, and patience this staff has given my mother is something I cannot thank them enough for," commented one family member.

As we begin this Lenten journey together, we ask you to prayerfully consider participating in the Ash Wednesday collection; any gift, no matter the size, makes a difference.

As a Catholic community, let us be the hands and feet of Christ to our neighbors in need. Let us show Christ's love through our actions.

Donations can be mailed to Vermont Catholic Charities, 55 Joy Drive, South Burlington, VT 05403 or made online at vermontcatholic.org/ministries-programs/catholic-charities/ash-wednesday-appeal

— Mary Beth Pinard is the executive director of Vermont Catholic Charities, Inc.

Upcoming Events



02|23, 03|02, 09, 16, 23, 30 THURS

Apostle's Creed Series

St. Michael, Brattleboro • 6 - 7 pm The Apostle's Creed is the oldest of the

official creeds of the Church and is still used today as our baptismal creed. During Lent, as we prepare to renew our baptismal promises at Easter, what does the Apostle's Creed actually say? How is it important for us today? How does it affect how we live? Join Fr. Greg Caldwell in the Youth Center Thursdays during Lent, starting February 23, for a series of reflections on the Apostle's Creed.



02|24, 03|10, 24 FRIDAYS

St. Peter's Take Out Fish Dinners

St. Peter's Parish Hall, Vergennes • 5 - 6:30 pm Take out fish dinners-serving 5:00-6:30pm

(take out), \$13/adults \$7/children 6-12. For reservations, please call (802) 877-2367.



02l24 FRIDAY

Organ Recital

Sacred Heart St. Francis de Sales Church, Benninaton • 7 pm

This performance by organist Don McMahon — in celebration of his 60th birthday — will be presented in person and streamed live on the parish's website.



02|24, 03|10, 24 FRIDAYS

Community Soup and Bread

St. Catherine of Siena, Shelburne • 5 - 7 pm Please join us for a meatless soup and bread meal in the parish hall at 5 pm. Afterwards, join us for Stations of the Cross at 6:30 pm in the church. Bring a friend.



02|24 FRIDAY

Baked Fish Take Out Dinner

St. Thomas, Underhill • 5 - 6:30 pm The St. Thomas Parish Knights of Columbus

are excited to announce that we will be serving a baked fish take out dinner on the first Friday of Lent. Adults \$15: baked fresh haddock with lemon butter dill glaze, wild mushroom & herb rice pilaf, buttered green beans, coleslaw, roll and dessert. Kids meal: \$8: crispy battered fillets, tater tots, buttered green beans, coleslaw, roll and dessert. Please call ahead to reserve tickets (802) 899-4632, or purchase after weekend Masses beginning February 11. Tickets may also be purchased at Wells Corner Market in Underhill Center, or Snowflake Chocolates in Jericho.



02l26 SUNDAY

Rite of Election & **Call to Continuing Conversion**

Cathedral of St. Joseph, Burlington • 3 pm

The Rite of Election and Call to Continuing Conversion will be celebrated by Bishop Coyne on the First Sunday of Lent at St. Joseph's Cathedral. Friends and family of those participating in the Rite of Election and Call to Continuing Conversion and all the faithful from around the diocese are invited to celebrate with us. A small reception follows the liturgy.



02|27, 28, 03|01 MON, TUES, WED

A Lenten Retreat with Monsignor Richard Lavalley

Holy Family, Essex Jct. • 8:30 am - 12 pm

Monday, Tuesday & Wednesday: 8:30 am Mass with a reflection by Monsignor Lavalley. Monsignor will be available for Confession and Spiritual Direction every morning after Mass until noontime.

Tuesday, February 28 at 7 pm: Monsignor will pray the Stations of the Cross with meditations at every Station. For more information or to schedule a time to meet with Monsignor, please call 802-878-5331. Everyone is welcome!



02|28, 03|07, 14, 21, 28 TUESDAYS

Taize Prayer

Sacred Heart St. Francis de Sales, Bennington • 5:30 - 6:00 pm

Taize Prayer will be offered weekly on Tuesday evenings during Lent, beginning on Feb. 28 and ending on March 28. Taize is a village in France that is home to an ecumenical community of religious brothers who sing, fast and perform acts of charity throughout the world. The service will last about 30 minutes.



02|28, 03|07, 14, 21, 28, 04|04

Come Pray with Us

Immaculate Heart of Mary, Williston 7:30 - 8:30 pm

Begins with Eucharistic Adoration after Mass, followed by group prayer at 7:50 PM, concludes with Benediction.



03101, 08, 15 WEDNESDAYS

Good News Bootcamp

St. John Vianney, S. Burlington • 6:45 - 8:30 pm Has the Holy Spirit been nudging you lately

to reignite your joy and dig a little deeper into our Catholic faith? Please join us in discussing how we as Catholics can bring healing, transformation, virtue, and enthusiasm to

our world. Check out our website at stjohnvianneyvt.org/ good-news-bootcamp to discover what each week's topics will be. Join us for the sessions that interest you or join us for all of them! Questions? Contact Connie at SJVGoodNews@gmail.com.



03|01, 08, 15, 22, 29 WEDNESDAYS

Presence:

The Mystery of the Eucharist

via Zoom • 7 - 8:30 pm

Join Christ Our Savior Parish for this weekly Lenten seminar. For information and to register: presencecosp@gmail.com.



03|02, 09, 23 THURSDAYS

Lenten Series

Our Lady of the Angels Parish, Randolph • 5:30 - 7:30 pm

Come join Fr. Gratton as we learn about Eucharistic miracles, marian apparitions, and inspiring saints throughout Lent. We begin with Stations of the Cross at 5:30 pm, followed by a free meal provided by the KofC Council #14351 (please bring potluck sides), and this inspiring series. Come ignite your faith during this Lenten Season!



03|04 SATURDAY

St Peter's Cemetery – Bingo

St. Peter, Vergennes • 5 - 9:00 pm

Doors open at 5 PM, Bingo starts at 6 PM. This is a family friendly event. All cash prizes, 50/50 raffle.

Refreshments sold. This event is sponsored by St. Peter's Cemetery Committee to benefit the on-going efforts for cemetery improvements.



03l05 SUNDAY

Eucharistic Healing Service

St. John the Evangelist, St. Johnsbury 3 - 4 pm

Benediction and Exposition of the Most Blessed Sacrament at 3 pm on the first Sunday of every month with Fr. Harlow.



03 17 FRIDAY

St. Patrick's Day Calcutta

Catamount Country Club, Williston 5 - 9:30 pm

Sponsored by St. Thomas Church in Underhill. Chance to win the \$2,000 cash grand prize. Cost is \$130 per ball which includes dinner for 2. FOR MORE INFO: visit the parish website at stthomasvt.com or email us at stthomasvtcalcutta@gmail.com.



"Several times each week, I try to attend Mass. I am blessed to be working, but when I am able to do so, I find it nourishing to drop all I am doing and to attend noon Mass. For example, I may bring my worry about this or that, and the homilist will reflect on the frequent directive to "be not afraid." I am a fearful person, and at such times, I choose to believe Jesus is talking directly to me."