

NEWS FROM The Inland See

FOR THE DIOCESE OF BURLINGTON

March 11–17, 2023



Visits to the Blessed Sacrament in the Tabernacle

One of the most beautiful aspects of the Catholic faith is the Eucharist. God desires to be so close to us. Not only did He send his only Son, Jesus Christ, to us in human form in order that we might draw closer to Him (the Incarnation would be miracle enough!), and not only did God suffer and die for us and rise again on the Third Day in order that we might have eternal life with Him (the passion, death and resurrection of Christ would be miracle enough!). But Christ gave us the Eucharist as a pledge of His enduring presence through the ages! God draws close to us so that we can always be close to Him.

How can we draw closer to this wonderful gift of the Eucharist? Obviously, the most important and most powerful way is by fully, actively and consciously participating in the Mass. This year of Eucharistic revival is focused on helping us, as a local Church, become more engaged in the Mass. But there

are also ways outside of Mass that we can draw close to the Eucharist. One such way is by adoring the Blessed Sacrament that is exposed in a monstrance. This is called Eucharistic Exposition and Adoration, and it is a special liturgy the Church offers where a priest or deacon places a consecrated host in a large vessel called a monstrance where it can be seen and adored by all present. It can be a simple liturgy, with the priest or deacon simply exposing and later reposing the Blessed Sacrament in the monstrance, or it can be more elaborate with incense, singing, altar bells, Benediction and readings from scripture.

Did you know, though, that you can adore the sacramental presence of Jesus in the Blessed Sacrament without a priest or deacon exposing the consecrated host in a monstrance? I think this is a hidden gem of our faith that is not often utilized. The lit candle near the tabernacle indicates that the Blessed Sacrament is present in that tabernacle. Whenever we are present before the tabernacle, even if we cannot see the Blessed Sacrament physically, we know that we are in the presence of the Blessed Sacrament and can offer our prayers in the presence of Christ. The Blessed Sacrament need not be exposed in the monstrance for us to be able to adore Christ. In fact, the normative way adoration takes place in our churches is for the faithful to spend a few moments before Christ in the tabernacle. It is available to us anytime the church is open.

This Lent, we are making an effort to have our churches unlocked for private adoration every day, at least for a few hours. May I offer two Lenten “challenges” to you? The first is to come early to Mass or spend a few extra minutes after Mass in prayer before the tabernacle. If the tabernacle is in the main body of the church, sit in a pew closer to it. If it is in a separate chapel, make it a point to stop in the chapel, if only for a few minutes, before or after Mass. If you pray before Mass, bring your intentions before God. If you pray after Mass, offer your thanksgiving for God’s presence in your life through the Eucharist. Or simply be silent.

The second challenge? Find out when your church is open for private prayer during the week and take some time in prayer before the tabernacle. It need not be long; pay a visit for 10 minutes if that’s all you can afford. Come experience the gift of Christ’s presence in the Eucharist in a very intimate, personal way.

— *Josh Perry is director of the Office of Worship for the Diocese of Burlington.*



ROMAN CATHOLIC
DIOCESE OF BURLINGTON

Upcoming Events



03|21, 28 TUESDAYS

Taize Prayer

Sacred Heart St. Francis de Sales, Bennington
5:30 - 6:00 pm

Taize Prayer will be offered weekly on Tuesday evenings during Lent, beginning on Feb. 28 and ending on March 28. Taize is a village in France that is home to an ecumenical community of religious brothers who sing, fast and perform acts of charity throughout the world. The service will last about 30 minutes.



03|21 TUESDAY

Fertility Care and the Catholic Church

St. Ann, Milton • 6:45 - 8:45 pm

Join us for a Lay Formation Project Presentation focusing in on God's design for our bodies and why understanding our own fertility (for both men and women) is important in living out a faithful, fruitful, and holy life. For questions, please contact Nicole Hamilton at nhamilton@vermontcatholic.org.



03|21, 28, 04|04 TUESDAYS

Come Pray with Us

Immaculate Heart of Mary, Williston
7:30 - 8:30 pm

Begins with Eucharistic Adoration after Mass, followed by group prayer at 7:50 PM, concludes with Benediction.



03|22, 29, 04|12, 19, 26

Contemplative Prayer Series

Holy Family-St. Lawrence Parish Center, Essex Jct. • 9:15 - 10:15 am

Join us for this series led by Louise Boisvert, a member of Notre Dame de Vie, a Secular Institute, founded in the 20th century by Blessed Marie Eugene of the Child Jesus, a carmelite father. Silent prayer is not well known to the general public and yet we are all called to it through the grace of our baptism.



03|22 WEDNESDAYS

The Chosen Season 2

St. Elizabeth, Lyndonville • 6 - 8 pm
Join us for Season 2 of *The Chosen* at St.

Elizabeth Catholic Church in Lyndonville. You are invited to join in this second season as we continue to journey through the life of Jesus in this multi-season TV show.



03|22, 29 WEDNESDAYS

Presence: The Mystery of the Eucharist

via Zoom • 7 - 8:30 pm

Join Christ Our Savior Parish for this weekly Lenten seminar. For information and to register: presenceosp@gmail.com.



03|23 THURSDAY

Black Catholic Nuns in the Long African American Freedom Struggle

Saint Michael's College, Colchester • 4:30 - 6:00 pm

Dr. Shannen Dee Williams, Associate Professor of History at Dayton University, will deliver a lecture on her research about the involvement of Black Catholic nuns in the Civil Rights

Movement. The lecture will take place in the Farrell Room of Saint Edmund's Hall (third floor) at the college. Open to all.



03|23 THURSDAYS

Lenten Series

Our Lady of the Angels, Randolph • 5:30 - 7:30 pm
Come join Fr. Gratton as we learn about

Eucharistic miracles, marian apparitions, and inspiring saints throughout Lent. We begin with Stations of the Cross at 5:30 pm, followed by a free meal provided by the KofC Council #14351 (please bring potluck sides), and this inspiring series. Come ignite your faith during this Lenten Season!



03|23, 30 THURSDAYS

Lent with the VT Catholic Women's Group

Online • 7:30 pm - 9:00 pm

Grow with the Vermont Catholic Women's Group on Zoom as we go through the "Holy is His Name" Video study by Dr. Scott Hahn. Join us for one or all meetings. Women of all ages are welcome. Contact Carolina for more details: caro3600@gmail.com.



03|24 FRIDAY

St. Paul's Catholic School — Lenten Fish Fry

St. Paul's Catholic School, Barton • 2:30 - 5 pm

Pre-order week before desired meal. Two pick up times: 2:30-3 pm and 4:30-5 pm. Adults: \$15, Children: \$10. FOR MORE INFO: call (802) 525-3711



03|24 FRIDAYS

St. Peter's Take Out Fish Dinners

St. Peter's Parish Hall, Vergennes • 5 - 6:30 pm

Take out fish dinners-serving 5:00-6:30pm (take out). \$13/adults \$7/children 6-12. For reservations, please call (802) 877-2367.



03|24 FRIDAYS

Community Soup and Bread Supper

St. Catherine of Siena, Shelburne • 5 - 7 pm

Please join us for a meatless soup and bread meal in the parish hall at 5 pm. Afterwards, join us for Stations of the Cross at 6:30 pm in the church. Bring a friend.



03|24, 31 FRIDAYS

Stations of the Cross and Meal

St. Mark, Burlington • 6 - 7:30 pm

Stations of the Cross prayer followed by a Lenten meal in the parish center dining room.



03|24 FRIDAY

Stations of the Cross

St. Johnsbury & Danville • 6 - 7 pm

Stations of the Cross are being held at both St. John the Evangelist in St. Johnsbury and Our Lady, Queen of Peace in Danville at 6 pm on Fridays during Lent. Join us as we reflect on the passion, death and resurrection of Our Lord, Jesus Christ.

A MESSAGE FROM THE



**U.S. Catholic Sisters
Against Human Trafficking**
Ending Slavery Is Everyone's Work

March — All of us are consumers. Do you know the slave footprint that exists in the chain of work that it takes to create many of the products and food that we consume?

U.S. Catholic Sisters Against Human Trafficking is a 501 c (3) organization, 7575 Grand River Rd., Suite 109, Brighton, MI 48114 (sistersagainstrafficking.org)

DIOCESE OF BURLINGTON CAREERS

Diocesan Central Offices: Youth & Young Adult Minister

Diocesan Central Offices: Marriage and Family Life Coordinator

Diocesan Central Offices: Senior Accountant

Christ the King School, Burlington: Principal

Loretto Home, Rutland: Interim Director of Nursing

St. Anne's Shrine, Isle LaMotte: Administrator

St. Anne's Shrine, Isle LaMotte: Cook

vermontcatholic.org/careers

BISHOP'S ANNUAL APPEAL



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