When I served on my parish’s worship committee some 20 years ago, I remember conversations around developing a “theme” for a special Mass being celebrated to observe the anniversary of the parish’s founding. The theme would dictate the music selected, the readings, the environment, and even the food served at the reception afterward. Today, I can’t remember the “theme” that was settled on or really anything about the Mass, but I do remember we had a barbecue after Mass.

Perhaps you may remember similar “themed” Masses — for better or for worse. But is coming up with a theme for Mass ever necessary? It turns out that in coming up with different themes for the Mass, the worship committee was just creating more work for itself.

It turns out that there is a theme for any celebration of Mass, and it is always the same. This theme is the Paschal Mystery of Christ: the life, Passion, Death, Resurrection, and Ascension. In the Mass, those events are brought into the present time, and the main consequence of those events — Jesus offering Himself to God the Father — is also made present within the celebration. Within the Mass, we are called to be active participants — we are called to partake in the very work of the Paschal Mystery by joining our prayer and worship to the prayer and worship that Jesus offers to God the Father.

If you think about it, focusing on the entire Paschal Mystery at every single Mass is asking a bit much — Mass would last the better part of an entire day if we were to give due consideration to the life, and the Passion, and the Death, and the Resurrection, and the Ascension of Christ. To help us narrow the focus, the Church gives us the liturgical calendar and the lectionary of Scripture readings. Both help order our celebration of the Mass so that we focus on a particular aspect of the Paschal Mystery — or how the Church lives out the continuing work of the Paschal Mystery through the lives of the saints — at a particular Mass, so that the entirety of the Paschal Mystery is considered over the course of the year.

Advent, Christmas Day, and the Christmas Season can be thought as the Incarnation Cycle of the liturgical year, with the focus on the Incarnation and the beginning of Jesus’s time as a human person whereas Lent, the Triduum, and the Easter Season can be thought of as the Paschal Cycle of the year where the Church focuses on the Passion, Death, Resurrection, and Ascension of Jesus. Throughout the course of Ordinary Time, we hear different stories from Jesus’s life or commemorate various aspects of His ministry or identity — such as Christ the King. And in the celebrations of the Blessed Virgin Mary and of the saints, we celebrate how they lived in the light of the Paschal Mystery, obtaining and living in the graces that God gave them in life through Jesus Christ.

So, if you are ever asked to develop a theme for Mass, know that the work has already been done for you! Mass is an encounter with Jesus Christ; the theme is the work of Jesus in the Paschal Mystery, explored throughout the year as guided by the liturgical calendar and lectionary readings. As to the food that’s served after Mass? Well, now, that’s a decision for the planning committee!

— Josh Perry is director of the Office of Worship for the Diocese of Burlington.
**Upcoming Events**

**05|21 SUNDAY**

“No Other Lake” Film
Holy Family Parish Hall, Essex Jct. • 2 - 4 pm
Join us for a viewing of the documentary film “No Other Lake” produced by local Vermonters, Jordan Rowell and Duane Peterson III. A panel discussion will follow. Sponsored by Vermont Mercy Associates.

**05|22 MONDAY**

Saint John’s Bible Presentation
Holy Family Parish Hall, Essex Jct.
9 am & 7 pm
The Saint John’s Bible, commissioned by Saint John’s Abbey, Collegeville, MN, is the first handwritten and illuminated Bible to be produced since the invention of the printing press. Come and view this unique work of art and craftsmanship, and listen to a presentation and discussion about the artists and the story of the making of The Saint John’s Bible.

**05|24, 31 WEDNESDAYS**

Good News Bootcamp
St. John Vianney, S. Burlington
6:45 – 8:30 pm
Please join us in discussing how we as Catholics can bring healing, transformation, virtue, and enthusiasm to our world. See topics on our website at stjohnvianneyvt.org/good-news-bootcamp.

**05|25 THURSDAY**

Our Lady’s Kitchen: A “meal and a movie” Night
Our Lady of the Angels, Randolph • 6 - 8 pm
Free meal for the poor, the hungry, and the lonely. Come join us for an incredible meal, popcorn, and the first two episodes of the Chosen!

**06|02, 09 FRIDAYS**

The Chosen Season 3
St. Elizabeth Parish Hall, Lyndonville
5 - 7:30 pm
Join us for dinner at 5; the show will start at 5:30. If you can’t make it for dinner, no worries – come for the show! Note: we will not meet on Memorial Day weekend.

**06|03 SATURDAYS**

First Saturday Devotions
All Saints, Richford • 7:30 - 9:30 am
Confessions from 7:30 to 7:50, followed by Mass at 8 am, then devotional prayers. All are welcome!

**06|03 SATURDAYS**

First Saturday Devotions
St. John Vianney, S. Burlington • 8 am
Mass at 8 am, Rosary & Confessions at 8:30 am.

**06|03 SATURDAYS**

First Saturday Devotions
Holy Family, Essex Junction • 8 am
Every first Saturday starting with Confessions and the Rosary at 8 am followed by Mass at 8:30 am.

**06|03 SATURDAYS**

First Saturday Devotions
Our Lady of Ephesus, Jamaica • 10 am
Confessions followed by a Mass at 10:30.

**06|03 SATURDAYS**

Rutland Dismas House Dinner and Auction
Spartan Arena, Rutland • 5 pm
Tickets are $75 and may be purchased by calling (802) 775-5539 or emailing geraline@dismasoftvt.org. No tickets will be sold at the door. Doors open at 3:30 pm. The program begins at 5 pm. There will be live music and awards.

**06|04, 07|02 SUNDAYS**

Eucharistic Healing Service
St. John the Evangelist, St. Johnsbury • 3 pm
Benediction and Exposition of the Most Blessed Sacrament, offered the first Sunday of the month, with Fr. Lance Harlow.

**06|11, 07|09 SUNDAYS**

Monthly COSP KofC Fund Raising Breakfast
Christ Our Savior, Manchester • 9 am - 12 pm
Supporting Parish and Community outreach programs.

**06|16 FRIDAY**

Worldpriest Rosary Relay
Cathedral of St. Joseph, Burlington • 11:30 am
Join people around the world in praying the Rosary. Bishop Coyne will lead the Rosary and it will be live-streamed on the Diocesan website as well as aired on Our Lady of Perpetual Help radio.

**06|23 FRIDAY**

Diocese of Burlington Theology of the Body Formation Day
Blessed Sacrament, Stowe • 8 am - 5 pm
For more information, contact Daniel Lacourrege at dlacourrege@vermontcatholic.org.

**06|18 – 08|04 MONDAY – FRIDAY**

Totus Tuus
Totus Tuus is one week long, with the grade school (grades 1-8) session during the day from 9am to 3pm, and a session for high school students each evening. The week is led by our enthusiastic team of Totus Tuus missionaries! To download a registration form, visit: vermontcatholic.org/totustuus.

**06|19 – 08|04 MONDAY – FRIDAY**

Totus Tuus

**06|18 – 08|04 MONDAY – FRIDAY**

Totus Tuus

**07|09 SUNDAY**

Annual Diocesan Family Day Mass
St. Anne’s Shrine, Isle La Motte • 12:15 pm
Bishop Christopher Coyne will be the celebrant. The shrine will be providing a free-will-donation barbecue after the Mass. Visitors are welcome to bring their own picnic as well as lawn chairs and lawn games.

---

**5-Day Silent Retreat • St. Anne’s Shrine, Isle La Motte**

Retreat begins Sunday, June 11 at 7 pm and concludes Friday, June 16 at 1 pm.

The Society of St. Edmund will be conducting a 5-Day Directed Retreat in the Ignatian tradition. Using principles from the Spiritual Exercises of St. Ignatius of Loyola, retreatants are invited to contemplate scripture passages in a silent environment, celebrate daily Eucharist and meet with a Spiritual Director each day. Spiritual Directors are specifically trained for this type of retreat and will serve as companions and co-discerners of the Spirit during the retreat. Applicants should be comfortable maintaining an atmosphere of silence and be able to share their prayer experience with a Spiritual Director in a daily meeting of about forty-five minutes.

The cost is $550 per person which includes a private room and all meals. A $250 non-refundable deposit is due with application which can be obtained by calling Joe Gallagher at (802) 928-3362 or via email at jgallagher@sse.org. Space is limited due to private bedroom accommodations and married couples attending will be assigned to separate cabins.