

For Hope & Healing After Abortion



Confidential, compassionate help.

Call: 802-658-4118 to speak to someone
who will listen and help.

Or email: projectrachel@vermontcatholic.org

Other Sites

[vermontcatholic.org/ministries-programs/
catholic-charities](http://vermontcatholic.org/ministries-programs/catholic-charities)

enteringcanaan.com

helpafterabortion.org

hopeafterabortion.com

sistersoflife.org/healing-after-abortion

Abortion Pill Reversal

abortionpillreversal.com

If you've taken the abortion pill,
it may not be too late.

Call the 24/7 Hotline (877) 558-0333

*Be joyful in hope,
Patient in affliction,
Faithful in prayer.*

— *Romans 12:12*

A Prayer for Hope

*Lord help me to hear you saying, "I am your hope"
over all the other voices. I'm running to you with
both hands stretched out and grabbing on to you.
Fill me up with hope and give me a tangible
reminder today that hope is an unbreakable
spiritual lifeline. In Jesus' Name. Amen.*



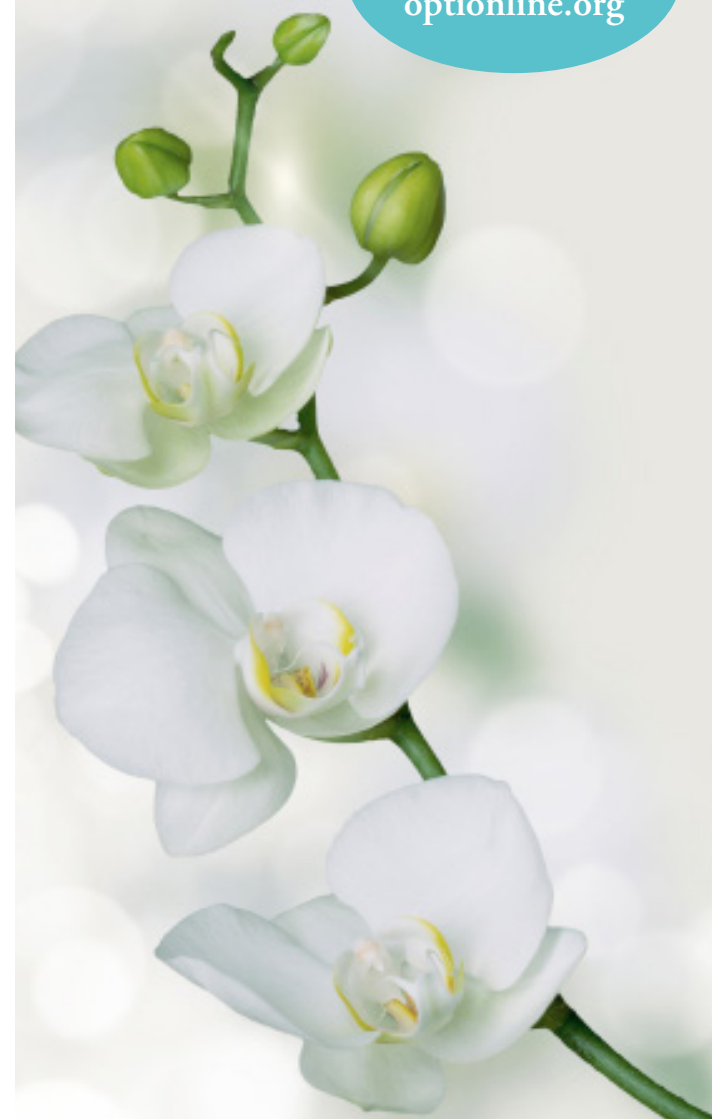
Roman Catholic Diocese of Burlington

For additional copies please contact:
projectrachel@vermontcatholic.org

Pregnant? *Or a parenting mother?*

*Need someone to talk to?
Call or visit:*

1-800-712-4357
optionline.org



The following are life-affirming pregnancy resource centers around the Diocese of Burlington. Inclusion on this list DOES NOT indicate an official endorsement or vetting status by the Diocese. Please consult your pastor to learn which center(s) your parish supports.

Dear God, I come before You to lay my panic and anxiety at Your feet. When I'm crushed by my fears and worries, remind me of Your power and Your grace. Fill me with Your peace as I trust in You and You alone. I know I can't do this on my own, but I also know that I have You, Lord, and You have already paid the ultimate price to carry my burdens. For this I thank you, Amen.

Barre

Central Vermont Pregnancy Services

105 North Main St. Ste. 101, Barre, VT 05641
Call: 802-479-9215
Text: 802-661-4021
carenetcv.org

Bennington

Alpha Pregnancy Care Center

128 North St., Bennington, VT 05201
Call: 802-442-2002
Text: 518-462-2188
alphacare.org

Brattleboro

Branches Pregnancy Resource Center

26 Birge St., Brattleboro, VT 05301
Call: 802-254-6734
branchesprc.com

Burlington

Aspire Now

5399 Williston Rd., Ste. 207, Williston, VT 05495
Call: 802-658-2184
Text: 303-990-5234
aspire-now.org

Birthright

Burlington, VT 05401
Call: 802-865-0056
birthright.org/Burlington

Lyndonville

Futures Pregnancy Care

70 Church St. Lyndonville, VT 05851
Call: (802) 427-4199
24/7 Hotline: 1-800-712-HELP (4357)
futurespregnancycare.org

Middlebury

The Women's Center

102 Court St. #B, Middlebury, VT 05753
Call: 802-388-7272
Text: 802-222-0858
24/7 Support 800-712-4357
yourwomenscenter.org

Rutland

First Step Pregnancy Clinic

20 Washington St., Rutland, VT 05701
Call: 802-775-5611
firststeprutland.com

West Lebanon, NH

Pregnancy Center of the Upper Valley

One Main St, Unit 2, West Lebanon, NH 03784
Call or Text: 603-298-6123
pc-uv.com

Do you see a center that should be added to this list? Contact us and let us know projectrachel@vermontcatholic.org

*Finally, be strong in the Lord
and in his mighty power.*

— Ephesians 6:10

*God doesn't require us to succeed.
He only requires that we try.*

— St. Mother Teresa

All it takes is one good person to restore hope.

— Pope Francis