The Inland See

"Wisdom! Let us be attentive!" Making the Most of the Liturgy of the Word

In the Eastern traditions of Christianity, when it comes to the time of the proclamation of the Gospel in the liturgy, the deacon or priest addresses the people, saying: "Wisdom! Let us be attentive." It is a cue to the assembly that they are in the presence of Holy Wisdom and to be attentive to the words of Holy Scripture which are about to be proclaimed.

How can we best be attentive to the Holy Wisdom that is proclaimed in Scripture?

In order to fully participate in the Liturgy of the Word at Mass, I suggest that we focus on our preparation before Mass as much as we are focused on the actual celebration of the Liturgy of the Word.

What might our preparation for celebrating the Liturgy of the Word look like? For starters, read through the readings during the week a few times before Sunday. You might not understand the readings right away, and that's OK. This might compel you to spend a little time learning more about the reading in an intellectual way with the ultimate goal of figuring out what the author means in the reading. You might attempt to discern how the reading might relate to your life today. Or you might approach the reading in a more emotional way,

reflecting on your emotions and internal response in the initial reading. Try reading the same passage a few times throughout the week and reflect on whether your emotional response to the reading changes.

Regardless of whether you approach the preparation in a more intellectual way or with more emotional reflection, always include prayer in your prepara-



tion. Make your preparation with Holy Scripture a prayer in itself through the practice of Lectio Divina, slowly reading a Scripture passage. What words or phrases stand out to you? What might God be communicating to you through this reading? Bring those images to prayer with God throughout the week. A great resource I often use is The Sunday Website by St. Louis University: liturgy. slu.edu.

In the actual celebration of the Mass,

bring your entire body to prayer and engage your imagination in the Liturgy of the Word. We often think of the Liturgy of the Word as an exercise of proclaiming Scripture and listening to Scripture, and that's very important but today, I want to highlight something different: your imagination. Don't simply listen to the words of the lector at Mass, but imagine the Wisdom of God filling the church building as Scripture is proclaimed. Imagine that Holy Wisdom washing over you, enveloping you. When you stand before the proclamation of the Gospel, imagine yourself standing to greet Jesus Christ as if he were entering the church building itself — as if you were standing face to face with the Wisdom of God; in a sense you are doing just that in the liturgy. Holy Wisdom envelops you, and you walk out of Church at the end of the Mass as a vessel of that Wisdom. You and I then carry the Gospel message out into the world when we leave the church.

"Wisdom! Let us be attentive!" If we take our attention in the Liturgy of the Word seriously, we can then leave the church able to heed the dismissal of the priest or deacon: "Go, and announce the Gospel of the Lord."

— Josh Perry is director of the Office of Worship for the Diocese of Burlington.

Ways to give



Give Online

vermontcatholic.org/giveonline or scan the QR code to the left.

Donate By Mail

Bishop's Annual Appeal Diocese of Burlington 55 Joy Drive South Burlington, VT 05403

Stock Gifts/Planned Gifts

802-658-6110 ext.1226 ekane@vermontcatholic.org



Upcoming Events



06|15, 22, 29 THURSDAYS

Catechism Study

St. Michael, Brattleboro • 9 am
Please join our catechism study, led by Fr.

Henry Furman every Thursday at 9 am via Zoom or at the rectory office. Email the rectory at stmichael@vermontcatholic.org to provide your email address if you'd like to receive the



06l16 FRIDAY

Worldpriest Rosary Relay

Cathedral of St. Joseph, Burlington • 11:30 am
Join people around the world in praying the

Rosary. Bishop Coyne will lead the Rosary and it will be livestreamed on the Diocesan website as well as aired on Our Lady of Perpetual Help radio.



06l17 SATURDAY

Clean Out "The Closet" Sale

St. Peter, Vergennes • 8:30 am - 3 pm
This annual sale will include clothing (men, women, children) and household goods. Prices by donation!



06 18 SUNDAY

St. Mary's Father's Day Brunch

St. Mary, Franklin • 9 am - 12:30 pm
All you can eat! Take-outs are available. Adults
\$12, children 7-16 years \$8, under 7 are free.

ଜିବିର ବିବିତ 06|18 - 08|04 MONDAY - FRIDAY

Totus Tuus

Totus Tuus is one week long, with the grade school (grades 1-8) session during the day

from 9am to 3pm, and a session for high school students each evening. The week is led by our enthusiastic team of Totus Tuus missionaries! To download a registration form, visit: vermontcatholic.org/totustuus.

June 18–23 St. Michael, Brattelboro

St. Mary, St. Albans

June 25–30 St. Peter, Vergennes

St. Monica, Barre

July 9–14 Sacred Heart-St. Francis deSales, Bennington

Christ the King, Rutland

July 16–21 Mater Dei, Newport

St. John Vianney, South Burlington

July 23–28 St. John the Baptist, Enosburg Falls

Blessed Sacrament, Stowe

July 30—Aug. 4 Corpus Christi, St. Johnsbury Ascension, Georgia



06l24 SATURDAY

BIRTHday Picnic

State House, Montpelier • 11:30 am - 1 pm Celebrate the First Anniversary of the

overturning of Roe v. Wade! Pack a picnic lunch. There will be games, prizes, exhibit tables, speakers, singers, birthday cake and more. Hosted by Vermont Right to Life's Educational Trust.



07 09 SUNDAY

Annual Diocesan Family Day Mass and Picnic

St. Anne's Shrine, Isle La Motte • 12:15 pm

Msgr. John McDermott will be the celebrant. The shrine will be providing a free-will-donation barbecue after the Mass. Visitors are welcome to bring their own picnic as well as lawn chairs and lawn games.



07|13, 14, 15, 16 THURSDAY — SUNDAY

Padre Pio Relic Event

Padre Pio Relics will be touring the diocese, visiting four locations July 13 – 16. See parish

websites for specific times regarding special Masses and veneration of the relics.

07|13 — St. Mary Star Of The Sea, Newport • 9 am — 6:30 pm

07 | 14 - St. Monica, Barre • 7 am - 7 pm

07|15 — Christ the King, Burlington • 10 am — 6:00 pm

07|16 — St. John the Baptist, Bennington • 10 am -6 pm



08|13 SUNDAY

Monthly Knights of Columbus Fundraising Breakfast

Christ Our Savior, Manchester 9 am - 12 pm

Knights of Columbus Council 6816 — Fr. Martin F. Clancy, Jr. will be having a monthly fundraising breakfast. Proceeds will support parish and community outreach programs.



I consider it a blessing to celebrate Mass and to be able to spend time in Adoration, never doubting that Christ is totally available to me. My hope and joy is to be united to the Eucharistic Christi wherever I may be.

— Frather Charles H. Ranges, SSE, Pastor Holy Family-St. Lawrence Parish, Essex Junction and St. Piux X Parish, Essex

WorldPriest Rosary Relay

Friday, June 16, 2023 • 11:30 am

Cathedral of St. Joseph, Burlington

This event will be livestreamed by the diocese and aired on Our Lady of Perpetual Help Radio.

