

# The NEWS FROM Inland See

September 23–29, 2023

FOR THE DIOCESE OF BURLINGTON

## The Eucharist as Real Presence

Starting with this *Inland See*, we take a look at three particular aspects of the Church’s teaching on the Eucharist: Eucharist as Real Presence, Eucharist as sacrifice, and Eucharist as communion.

Catholics believe that bread and wine are transformed at Mass into the Body and Blood, Soul, and Divinity of Christ. This is what we call the Real Presence of Christ in the Eucharist. Volumes have been written about the Real Presence, but here, I’d simply like to offer you two observations about the Real Presence of the Eucharist that have helped ground my own belief in the Eucharist and its connection to the rest of my life.

First, the Real Presence of the Eucharist allows the Eucharist to be the source and summit of our entire faith life. The Eucharist allows us to draw close to the Real Presence of Christ (in a sacramental mode).

Christ is the Way, the Truth, and the Life (Jn 14:6). Jesus Christ is the reason for the Church’s very existence, working through her sacramental life. The Church exists to evangelize people and draw them into a relationship with Him. Christ compels our conversion and various ministries and work in the world. Christ himself is the source of our faith life, and the Eucharist is the privileged place where we encounter His

sacramental presence and grace. Our faith journey ultimately aims to lead us back to Christ. Our goal is heaven — union with God. As the privileged place of encounter with the Real Presence of Christ, we get a foretaste of that heavenly union every time we receive the Eucharist. Thus, because of the Real Presence of Christ in the Eucharist, we can say the Eucharist is the summit of our faith life as it allows us union with Christ.

Second, it is correct to say that when we receive the Eucharist, we receive sacramentally the glorified Christ, not simply the body of Jesus. The sacramental presence of Christ in the Eucharist is a post-resurrection and post-ascension presence. We say that we receive the Body and Blood, Soul and Divinity of Jesus Christ. In death, His Body and Blood were separated and His soul separated from His Body (see Catechism 625), but Body and Blood, Soul and

Divinity are all unified once again in His resurrection. In the Eucharist then, we encounter the glorified Christ and are able to receive the graces not only of Christ’s passion and death, but also the graces of His resurrection. How much we have to be grateful for in the gift of the Real Presence!

— *Josh Perry is the director of the Office of Worship for the Diocese of Burlington.*



“The Mass is very important in my life. The sacrament of the Holy Eucharist is so very special and unique to our Catholic faith. The host is transformed and becomes Jesus. In receiving Holy Communion, our bodies are like tabernacles holding Jesus in our hearts and souls. We are so blessed to still be able to go to Mass freely and receive Jesus. There are people in this world that have to practice their faith in hiding. I thank Jesus everyday for the gift of himself.”

— *Dianne Laroche, St. Louis Parish, Highgate*

# Upcoming Events



09|25 – 10|30 MONDAYS  
**"The Chosen"**

*St. John Vianney Parish Hall, S. Burlington*  
AM: 9–10:30 am • PM: 6:30–8 pm

Join us to view "The Chosen". This series began on Monday, Sept. 11. Two options, AM or PM, for the eight episodes of season 1, followed by a discussion about that week's episode, led by parishioners. **FOR MORE INFO: Email Connie at [sjvgoodnews@gmail.com](mailto:sjvgoodnews@gmail.com).**



09|27, 10|04 WEDNESDAYS  
**St. Michael Church Lecture Series**

*Saint Michael, Bennington • 5 - 7 pm*

The stained-glass lecture series continues:

Sept. 27 — Fr. Henry Furman, Pastor of Saint Michael, Brattleboro will discuss Saint Michael

Oct. 4 — Fr. Beaugard, Pastor of Saint Stanislaus in Winchester, NH will discuss the Holy Spirit



09|27 - 10|27 WEDNESDAYS or FRIDAYS  
**Unlocking the Mystery of the Bible**

*Our Lady of Angels, Randolph*

*Wednesdays at 6:30 pm • Fridays at 9:45 am*

This eight-session study program includes video presentations that explore all twelve time periods of The Bible Timeline Chart. This series began on Sept. 6.



09|27 WEDNESDAY  
**Taize Prayer Service**

*Sacred Heart St. Francis de Sales, Bennington*  
6 pm

Join us for a Taize prayer service to pray for the work and success of their parish ministries, programs, committees, and catechists, as well as the students, faculty, staff and helpers of The School of Sacred Heart St. Francis de Sales in Bennington.



09|28, 10|05, 12, 19 THURSDAYS  
**Letter for Artists Zoom Study**

*via Zoom • 9 - 10 am*

Fr. Henry Furman will lead this discussion. We

will be reading on Pope John Paul's 1999 Letter to Artists. The letter is addressed to all who are dedicated to the search for new epiphanies of beauty. To join this study, please send your email address to [stmichael@vermontcatholic.org](mailto:stmichael@vermontcatholic.org). You don't need to be an artist to take part!



09|29 – 10|02 FRI, SAT, SUN, MON  
**Light of the World Retreat**

*Holy Family Parish Hall, Essex Junction*

Parishioners from all parishes are welcome.

Information and registration available at [essexcatholic.vermontcatholic.org/light-of-the-world-retreat](http://essexcatholic.vermontcatholic.org/light-of-the-world-retreat) or email [ecc.engage@gmail.com](mailto:ecc.engage@gmail.com). There is no registration fee.



10|01 SUNDAY  
**Eucharistic Healing Service**

*St. John the Evangelist, St. Johnsbury 3 - 4 pm*  
Benediction and Exposition of the Most

Blessed Sacrament at 3 pm on the first Sunday of every month with Fr. Lance W. Harlow.



10|02, 11|06 MONDAYS  
**Spanish Mass at St. Michael's College Chapel**

*St. Michael's College, Colchester • 7:30 pm*

If you wish to be placed on our mailing list, please email Fr. Marcel Rainville, S.S.E at [mrainville@smcvt.edu](mailto:mrainville@smcvt.edu).



10|03 TUESDAY  
**Our Lady's Kitchen**

*St. Anthony, Bethel • 11 am - 1 pm*

Free meal! Come one, come all!



10|08 SUNDAY  
**Knights of Columbus Breakfast**

*St. Peter, Vergennes • 8 - 10 am*

\$12 adults, \$7 children 8 to 12. \$38 immediate

family maximum.



10|08 SUNDAY  
**Monthly COSP KofC Fund Raising Breakfast**

*Christ Our Savior, Manchester • 9 am - 12 pm*

Proceeds support parish and community outreach programs.



10|08 SUNDAY  
**Annual Harvest Dinner**

*St. Anne's Shrine, Isle La Motte • 11:30-2:30*

The final Mass of the season will be offered

at 10:30 a.m., followed by turkey dinner with all the fixings. Requested donation: \$20 for adults, \$10 for children under 12. **FOR MORE INFO: 802-928-3362.**



10|08 SUNDAY  
**Fourth Annual St. John Henry Newman Night**

*Holy Family, Essex Jct. • 4 - 8 pm*

An Evening in Honor of St. John Henry Newman, featuring solemn sung vespers, a first class dinner and dessert catered by Bill Rensch and the Knights of Columbus, and two presentations on the life and works of St. John Henry Newman. RSVP required: [vermontnewman@gmail.com](mailto:vermontnewman@gmail.com).



10|13 FRIDAY  
**Essex Community Dinners — Come Join Us for Dinner!**

*Holy Family, Essex Junction • 5:30 - 7 pm*

Essex Community Dinners are provided in order to grow and promote our community! They are intended to feed the hungry, lonely and needy amongst us. These meals are free to all but donations to cover parish expenses are appreciated. Take out dinners are also available for those who still need to avoid crowds.



10|14 SATURDAY  
**St. Ambrose/St. Peter Youth Ministry Bingo**

*St. Peter, Vergennes • 5 pm*

Doors open at 5:00 PM, Bingo starts at 6:00 PM. This is a family friendly event. All cash prizes, 50/50 raffle. Refreshments sold. This event is sponsored by St. Ambrose & St. Peter's Youth Ministry to benefit the on-going program costs.



10|18 WEDNESDAY  
**Vermont Catholic Professionals Networking Breakfast**

*Diocesan Offices, S. Burlington • 8:30 - 10 am*

Donna McSoley, founder of Our Lady of Providence Radio, will be the speaker. Join us for networking and a light breakfast. Presentation begins at 9. Zoom option available.

Register here: [vermontcatholic.org/vcp](http://vermontcatholic.org/vcp)



10|19 THURSDAY  
**Our Lady's Kitchen & Catholic Movie Night – Randolph**

*Our Lady of the Angels, Randolph • 6 - 8:30 pm*

Free meal and a movie! Come one, come all!



10|19 THURSDAY  
**Spanish Mass**

*St. Peter, Vergennes • 7 pm*

With Fr. Timothy Danaher, O.P.



10|20, 21, 22 FRI, SAT, SUN  
**Marriage Encounter Experience**

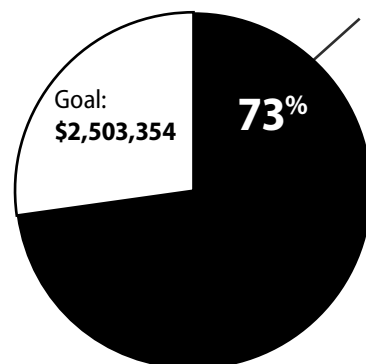
*St. Monica, Barre*

This autumn, renew and rekindle your relationship with your spouse and God. The Worldwide Marriage Encounter Experience is primarily a space for you to pause, reflect, and reconnect privately. This weekend is a non-residential format. Lunch and dinner will be served. Apply online: at <https://www.mevtw.org/applyWeekend.php>. Contact Gary & Lynn Root at (802) 456-8114 or Aaron and Andrea Brassard at 802-223-6561 for more information.



**BISHOP'S ANNUAL APPEAL**

*Progress: 73% to goal*



Raised:  
**\$1,649,278**  
as of Sept. 13